## CLAIMS

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- 1. An adjustable height workhorse, comprising:
- a generally rectangular, flat base board having a top surface, a bottom surface, and two ends;
- a support frame disposed on the top surface of said base board having a plurality of vertically disposed posts, a plurality of height adjustment bars horizontally disposed across said posts on either side of said frame, a plurality of cross boards disposed across the back of said frame and a guard rail horizontally disposed across the front of said frame;
- a plurality of wheel assemblies disposed on the bottom surface of said base board each having a wheel, a wheel mount, and a wheel lock;
- a plurality of braces extending outwardly from the back of said frame; and
- a platform, horizontally disposed across said frame and being supported by the plurality of height adjustment bars.
- 2. The adjustable height workhorse according to claim 1, wherein said support frame comprises two vertically disposed posts on each end of said base board.

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- 3. The adjustable height workhorse according to claim 1, wherein each of said posts comprises a top end, a bottom end, a front, a back, and a post securing pin disposed on the top end.
- 4. The adjustable height workhorse according to claim 2, wherein said support frame comprises two sets of height adjustment bars, each set having three height adjustment bars and each set being disposed across the two vertically disposed posts on each end of said base board.
- 5. The adjustable height workhorse according to claim 1, further comprising a plurality of threaded fasteners disposed along the front side of the front post on each end of the base board, said fasteners being adapted to releasably receive a securing device.
- 6. The adjustable height workhorse according to claim 5, wherein said guard rail is releasably secured to said support frame by the plurality of threaded fasteners and corresponding securing devices.
- 7. The adjustable height workhorse according to claim 1, wherein said plurality of braces comprises three braces.
- 8. The adjustable height workhorse according to claim 1, wherein each of said plurality of braces comprises an elongate

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body having a top end, a bottom end, a brace wheel mounted to the bottom end by a brace wheel mount, and a mounting projection disposed on the top end for releasably mounting the brace to the support frame.

- The adjustable height workhorse according to claim 8, further comprising a plurality of mounting hooks disposed on said support frame for receiving the mounting projections on said braces.
- The adjustable height workhorse according to claim 1, 10. further comprising a plurality of threaded brace fasteners for firmly securing the braces to the support frame.
- The adjustable height workhorse according to claim 1, 11. wherein said platform comprises a generally rectangular, flat top board and a plurality of rails disposed along the length of the bottom surface of the top board.
- The adjustable height workhorse according to claim 11, 12. wherein said plurality of rails comprises three rails.
- The adjustable height workhorse according to claim 11, 13. further comprising a plurality of platform mounting slots that define generally rectangular openings that extend through the rails across the entire width of the platform, said mounting

- 14. The adjustable height workhorse according to claim 1, further comprising a plurality of restraint beams disposed on a top surface of said platform for preventing work material from sliding off of the platform.

- 15. The adjustable height workhorse according to claim 1, further comprising a second support frame, secured to the top of said support frame, having a plurality of vertically disposed second frame posts, a plurality of height adjustment bars horizontally disposed across the second frame posts on either side of the second support frame, and a plurality of cross boards disposed across the back of the second support frame, each of said second frame posts having a connector hole disposed on its bottom surface for engaging the pins securing posts disposed on the posts of the support frame.

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17. The adjustable height workhorse according to claim 1, wherein said support frame is made from a lightweight material selected from the group consisting of lightweight steel and

further comprising a motor for powering the wheel assemblies.

The adjustable height workhorse according to claim 1,

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18. The adjustable height workhorse according to claim 1, further comprising a wheel lock rod secured to said wheel lock and extending upward to the platform to allow the user of the workhorse to lock and unlock the wheels while standing on the platform.